

Engelsk

Læs og forstå om følelser



My name: _____

Feelings

Der findes mange forskellige følelser - og lige så mange forskellige ord til at beskrive dem. I dette hæfte kan du lære om forskellige følelser, og hvad de hedder på engelsk.

Draw a line between the picture and the correct text.



An angry boy makes another boy scared.



The girl is embarrassed.

A sad girl is standing in the rain.

The girl is excited about her present.



The boy is confused.



Teased by Ethan

Lucy and Ethan are in the same class at school.

Ethan is a bully. He often makes fun of Lucy.

He teases her about her clothes. It makes Lucy sad.

Her friend Mia comes to sit with her.

"Don't listen to him," Mia says.

Lucy smiles a little. She is glad to have a friend like Mia.



bully = bølle
teases = driller

Circle the right answer.

1. Ethan is a **bully** / good friend.
2. Ethan teases Lucy about her **glasses** / clothes.
3. Lucy's friend is called **Mia** / Ethan.

Which feeling?

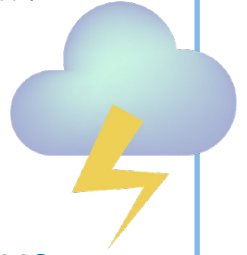
Læs historien. Hvordan tror du, at personen føler?
Sæt ring om den rigtige følelse.

Ben hears the thunder grow louder outside his window.
He quickly hides behind the couch with his blanket.
Each loud crack makes him pull the blanket tighter.
Ben feels:

excited

scared

jealous



Noah sits quietly on the swings at school.
He watches some classmates play a game of soccer without him. Noah's best friend moved away.
Now he feels:

lonely

angry

embarrassed



It's Ella's birthday. For a long time she has wished for a puppy.
She hears a knock at the door and runs to open it.
Her grandparents are standing there, holding a big box.
Something inside the box is moving. Ella jumps up and down!
She feels:

bored

sad

excited



Feelings about the Future



Tom is worried about the planet.
He thinks about climate change and
worries about trees and animals.

His friend Jonah smiles.

“People are helping,” Jonah says.

“They plant trees and invent new things.”

Tom likes hearing good ideas.

“Maybe I can help too!” he says.



Circle the right answer.

1. Tom is feeling **nervous** / happy / worried.
2. Jonah is feeling **angry** / optimistic / confused.

How do Jonah calm Tom?

Which feeling?

At kunne sætte ord på sine egne og andres følelser hjælper til at kunne forstå sig selv og andre bedre.

excited

surprised

proud

angry

nervous

relieved

calm

Skriv ordene fra boksen ovenfor ind i sætningerne, så de giver mening.

Clara just passed her exam. She is very _____.

Ethan lost his phone at the park. Later, he found it under a bench.

He feels so _____.

Emma's favorite cousin is visiting. She is very

_____.

Ben is performing in a play. He feels _____

before going on stage.

Mia's friends threw her a party. She did not expect it.

Mia is very _____.



Liam's little brother broke his toy. He feels _____

but tries to stay _____.

A Birthday Party

Sam is going to Emma's birthday party.

He is excited but also nervous.

He bought her a small, pretty bracelet.

Sam thinks, "Will she like it?"

Emma is also excited.

She can't wait to open her presents.

When she opens Sam's present, Emma smiles.

"Thank you! I love it," she says.



bracelet = armbånd

Besvar spørgsmålene med hele sætninger.

How does Sam feel about going to Emma's birthday party?

What has Sam bought for Emma?

What does Emma say when she opens Sam's present?

Which feeling?

Læs historien. Hvordan tror du, at personen føler?
Sæt ring om den rigtige følelse.

Hannah carries her lunch across the cafeteria.
She stumbles. Her food falls to the floor with a loud crash.
Everyone is looking at her. Hannah's cheeks turn red.
Hannah feels:

nervous

embarrassed

sad

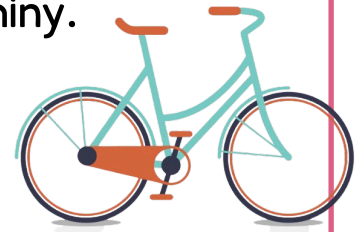


Emma's sister got a new bike. It's bright and shiny.
Emma looks at her own scratched, old bike.
She really wants a new bike too.
She feels:

jealous

happy

proud



Tom has been in a big bike race. He really wanted to win. He
had practiced every day after school. Everybody said, he had a
good chance of winning. But he did not win.
Tom feels:

surprised

relieved

disappointed



A New School

It is Jack's first day at a new school.

He feels nervous.

Nobody talks to him at first.

At lunch, a boy named Leo comes over.

"Do you want to sit with us?" Leo asks.

Jack feels happy and says yes.

They talk about video games.

Jack thinks the school will be fun.



Besvar spørgsmålene med hele sætninger.

Why is Jack nervous?

What is Leo asking?

What do they talk about?

Which feeling?

Nedenfor er tre situationer, hvor du skal gætte, hvad personerne føler. Sæt ring om den rigtige følelse.

Leo is in his grandma's loft room. He has found an old wooden chest. He really wants to see what's inside the chest. He gets it open and sees old photos and letters.
Leo feels:



scared

bored

curious

Sophie has been looking for her dog all morning. She walked around the neighborhood and the park, calling its name. At last, she sees it running toward her, wagging its tail.
Sophie feels:

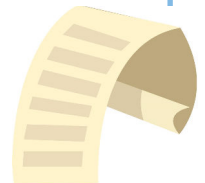


relieved

angry

confused

James has to give a speech in front of the class. His hands feel sweaty and his heart is racing. He takes a deep breath, steps forward and begins to speak.
James feels:



excited

worried

nervous

